

Saturna Recreation & Cultural Society

January 2020

Dear Members and Potential Members.

It's a brand new year and the volunteer members of the Rec Centre Board wish each and every one of you a happy and prosperous new year.

It is time to renew your membership, the door code will change as of February 01, 2020. The cost of your membership did not increase for this coming year. You can mail your payment or renew online through PayPal. Please remember that a Family Membership does not include an extended family . Adult children require a separate membership. Be reminded that if you are a member of SIVFD or SIR you have access to the exercise facilities on the stage and in the cardio room. Unfortunately, this access does not include your spouse.

The new code will be in effect as of February 01. We ask that you DO NOT SHARE this access code with your friends and neighbours. The RC depends upon membership dues to assist with our considerable operating expenses.

Please DO NOT unlock and leave unlocked the access door to the stage.

Please REMEMBER that animals are not allowed in the facility. Service dogs are, of course, allowed in the facility.

Please TURN OFF THE lights when you leave.

Please WEAR PROPER SHOES in the gym. Improper footwear leaves black marks on the floor. Also, sweep up after your use of the gym. The facility does not have daily custodial services.

If you need to borrow weights from the stage area, please sign out your items and let our exercise director know that you have them.

Check the schedule for activities. We have twice weekly exercise classes, an active pickleball club, a badminton group, yoga, meditation, bridge and girl guides.

Perhaps there is an activity you would like to see developed. Submit your ideas to our newly created Programs Committee which is comprised of the following directors: Norm Amundson, Michel Chiasson and Ron Monk.

Thank you for your cooperation in maintaining our recreation facility.